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3 EDITORIAL

Chief Editor Bron Taylor exhorts us to take care of our own wellbeing.

6 TABLE TALK

Perioperative Nurses College Chair Cass Raj highlights the fact that the regular educational webinars of the Perioperative Nurses College of the New Zealand Nurses Organisation are proving a real success.

7 NEWS & REGIONAL REPORT

New Zealand nurses invited to #BE HEARD at the October ACPAN Conference in Newcastle; theatre managers impressed by Cubro facility in Tauranga; Wellington PNC Region's PACU Study Day.

8 MEDICAL IMAGING

Rey Canoza describes how enhanced resolution of magnetic resonance imaging corroborates the diagnosis of Vestibular Schwannomas (VS), which derive from myelinating Schwann cells of the vestibular division of the eighth cranial nerve.

12 VOLUNTEER SERVICE ABROAD

New Zealand Kylie Bentham Huber has been volunteering with Mercy Ships since 2003. She describes how she utilises her expertise as an operating theatre nurse to benefit the marginalised in low-income countries. She has served on multiple hospital ships, including the recently deployed *Global Mercy*, the world's largest civilian hospital ship.

16 CLINICAL

Liyang Duan describes a quality improvement clinical project in response to an identified need for a written diabetic management guideline, specifically for outpatients undergoing CT colonography (CTC).

20 LITERATURE REVIEW

Yves Francesca Tan explains how preoperative pregnancy testing for elective surgical patients has long been fraught with controversy and that preoperative testing can prevent unnecessary harm to the foetus and allow for informed choices...

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